

MURRAYFIELD JUNIOR ICE HOCKEY CLUB

RULES AND CODE OF CONDUCT

To become a member of MJHC, both you and a responsible guardian must sign this document, and in doing so, agree to fully abide by it. It is central to the smooth running of the club that all players and their families understand and respect these rules and regulations. Please keep this document for reference. The club will retain the signed back sheet.

Club Membership

- 1 Prospective members must complete all necessary registration, application and payment forms, read and sign this document and ensure all relevant payments are made before their membership can be confirmed. Failure to complete this process may result in MJHC not registering the member.
- 2 The member agrees to keep their registration and subscription payments up to date. Access to the ice will be refused should non payment of ice fees go beyond one month in arrears.
- 3 Payment of subscriptions will be by standing order. This rule will be varied only in exceptional circumstances and at the discretion of the club treasurer.
- 4 No transfer documents to or from MJHC will be authorised until and unless a player's liability to his outgoing club is cleared.
- 5 Team strip issued to players remains the property of MJHC unless specified otherwise, in writing, by a club official.
- 6 Ice schedules, fixtures and other details may change at short notice. Regularly check the club notice board and website for updated information.

Club Officials

The club is run by a committee, which is elected annually at the AGM and includes co-opted members from Edinburgh Capitals. There are also managers, coaches linked to each squad. They are all there to help you play and enjoy ice hockey. If you need to know anything, please ask them. A list of officials is available from your club contact, and will be found on the club notice board.

Discipline

1. As a member of MJHC you are an ambassador for MJHC. Take pride in your club and demonstrate your loyalty and commitment to it whenever and wherever appropriate. Never bring the club into disrepute. Behave in a responsible manner at all times when at the rink, when representing the club elsewhere and when in club clothing or strip.
2. Dressing rooms must be left clean and tidy. The disposal of tape, cans and other rubbish is the responsibility of every member. Failure to keep dressing rooms in good condition will result in disciplinary action.
3. Do not play with sticks, pucks, balls etc. around the rink or in the car park.

4. Misconduct on, and damage to, the rink's premises may be dealt with by the rink management, independently of the club. Members will be personally liable for any fines or reparations that become payable by the club as a result of damage they have caused.
5. Serious on-ice offences will be dealt with by match officials. This could result in a player being suspended by the SIHA and the club being fined. In such cases, the player and/or their guardian will be responsible for paying the fine
6. Serious breaches of discipline at the rink during training or at any skating sessions include theft, fighting, bullying, swearing, dissent, smoking, consuming alcohol or drugs, causing damage and bringing the club into disrepute by any other means. The club will not tolerate such behaviour at the rink or elsewhere when representing the club. This includes: on coaches to and from away fixtures, at service stations, other rinks and in overnight accommodation at tournaments. The penalties for such misconduct include suspension and instant dismissal from the club and / or the ice rink.

Minor discipline issues will be dealt with by managers and/or coaches. Major issues or complaints against members are to be referred to the committee. Members who believe they have been disciplined unfairly are entitled to a hearing by the committee in the presence of their parents or guardians.

Child Protection

MJIHC considers Child Protection to be of paramount importance. The club has its own Child Protection Officer (CPO) John Steel through whom all club officials and coaches are vetted and subjected to Criminal Records Bureau checks. If you wish to discuss child protection matters, please talk to the club CPO in complete confidence. To assist with child protection the following guidelines must be observed:

- 1 Parents must not enter dressing rooms that are in use. Children must come out of the dressing room of assistance (i.e. to have skates tied), or ask their coach or manger for help.
- 2 There should never be fewer than two coaches, managers or other club officials in a changing room where children are present.
- 3 For the protection of valuables and to avoid potential child protection issues, mobile phones, cameras, personal stereos and all other valuables must NOT be taken into the changing rooms. Neither the club nor the rink operator will be held responsible for the loss of such items. The club reserves the right to temporarily confiscate such items from changing rooms. If there is no responsible adult available to look after valuables please ask your manager.

These guidelines are for the safety of both children and adults. They minimise the risk either of abuse or wrongly alleged abuse.

Medical Information

It is the responsibility of the player / parents to make their manager aware of any medical conditions.

Training and Games

- 1 Training ice time is at a premium, so always be ready to take to the ice in plenty of time. Coaches may refuse access to any player who is late.
- 2 Use the many skating sessions at the rink to develop your skating out with the hockey training. This increases your skating ability and allows the coach during training to concentrate on ice hockey training.
- 3 On match days & training days entry to the rink is 11:30 & 16:00 on the Saturday & from 16:00 on Tuesdays. This is to allow team officials sufficient time to accurately complete pre-match paperwork.
- 4 Away fixture transport is not included in subscription fees. Team managers will decide each squad's travel policy in conjunction with parents and players at the start of each season.
- 5 When coach travel has been arranged for away fixtures, always be at the rendezvous point in plenty of time. On the coach, behave in an appropriate manner and follow instructions of the club officials or the bus driver. When making your own way to a fixture, make sure your manager has a mobile phone number for you and make sure you have his, to stay in contact in case of delays. Always remember: better early than late!
- 6 'No train – no game'. Players are expected to train regularly at scheduled times. Failure to attend practices may result in a player being excluded from games, at the coach's discretion.
- 7 Where off-ice team clothing has been issued members must wear it to and from club matches.
- 8 By signing this document you are allowing a representative of MJHC to video you at training sessions and games. This will be used for analysis purposes retained strictly by MJHC.
- 9 Coaches will decide on the amount of ice time each player gets based on their assessment of the game, their tactics and judgement. Ice hockey is a team sport. The coach will decide how the match is conducted on behalf of the team – not the individual. Players may get more or less ice time than others. Parents and players alike must accept these variations. It is club policy to encourage the development of all players, but this does not extend to allocating equal ice time, either in specific matches or in general.

If you have issues to raise in relation to on-ice matters please talk to your team manager, and not the coach. It is the manager's responsibility to mediate on your behalf with the coach, the manager will respond to the parent post discussion with the coach. Failure to abide by this rule may result in disciplinary action.

Fund Raising

Ice hockey is an expensive sport to play. MJHC does everything possible to keep it affordable. Part of our annual finance plan involves every squad raising funds. Your manager will update you on what is expected of your squad. We aim to make fund raising projects as enjoyable as possible, so please enter into the spirit of this with enthusiasm.

Parental Participation

MJHC is run entirely on a not for profit basis with every task carried out by dedicated volunteers. The club is not a child minding service and we expect all

parents to play their part in helping to run it. Whether selling raffle tickets, learning to operate the scoreboard, organising fund raising or compiling programmes, we'd like everyone to help out in some capacity. As a parent, if you're not already helping, please talk to your manager and ask how you can. The more parents are involved, the stronger the club will be, and the better the on-ice experience members will have.

Responsible Adults

Whilst we rely on members observing the rules of the club, parents and family members also have a vital role to play. Please always bear in mind the following:

- 1 Avoid forcing your child to participate in a sport. Remember that your child is playing for his/her enjoyment, not yours.
- 2 Encourage your child to play by the rules and to resolve conflicts without resorting to violence. Support efforts to remove verbal abuse from children's activities, within and beyond the sport.
- 3 Teach your child that although it's fun to win, trying hard and doing one's best is more important.
- 4 Never ridicule or yell at your child for making a mistake or losing a competition. Always be constructive and offer encouragement. Don't shout 'at' your child – shout for them.
- 5 Support your coach and team officials. They are dedicated volunteers who are committed to ensuring the best possible experience for your child.
- 6 Remember that children learn by example. Applaud good play from both teams and never question the officials' judgement or honesty.
- 7 Please note that neither MJHC nor the rink operator can be held responsible for loss or damage to members' equipment and possessions. You may wish to check your own insurance to arrange cover if required.

Signing this form we agree to abide by the rules and code of conduct of MJHC and we are aware that in breaching these rules we may be subject to disciplinary action.

Member

Print Name _____

Signature _____

Date _____

Responsible Adult

Print Name _____

Signature _____

Date _____

This completed signature page should be returned to the Registration Secretary.

John Steel, MJHC Secretary, Revision 3, September 2009